

What Skills Does Your Child Need for Kindergarten?

Personal and Social Skills



Personal and social skills are the skills children must develop to care for themselves and interact with others.

Personal development is how children understand *themselves* and what they can do.

How can I help my child?

Encourage your child to:

- Share
- Listen
- Button and zip their clothing
- Follow a routine (*bedtime, bathing, meals*)
- Share their feelings
(*be sure to listen to them and ask them to explain*)
- Take turns



Language Arts

Language and literacy skills as well as **speaking and listening skills** are essential for children to develop in order to read, write, speak and listen critically.

How can I help my child?

Encourage your child to:

- Listen to stories
- Talk about the pictures
- Practice touching each word while reading
- Answer questions about the story
- Hold books
- Find the title & cover of the book
- Point out letters in the environment
- Practice drawing with different colors
- Practice writing your name
- Listening to beginning sounds to identify beginning sounds
- Rhyming Words

Playful Learning

Your child loves to play. Every time your child plays, your child's brain is making new connections to help development. Play can be even better if you join in. Remember to let your child lead the way.

How can I help my child?

Encourage your child to:

- Pretend play
- Build with blocks
- Use an object to do a job
- Let her try to solve problems and praise her attempts
- Choose toys that can be used in many ways like blocks, balls and books
- Give your child a warning when you transition from play
- Give your child warnings at 5 minutes and again at 1 minute



Math

In order for children to become successful in math it is important to develop some basic mathematical skills. Some of these skills include: counting sets of objects with one to one correspondence, knowing the number words and written numbers for 0-5 and sorting objects.

How can I help my child?

Encourage your child to:

- Count to 5 verbally.
- Count sets of items to answer, "How Many?"
- Recognize numbers 0-5 in their surroundings.
- Sort real objects to talk about their likes and differences. For example, size, shape or color.

Types of Play

- ⇒ Practice play
- ⇒ Constructive play
- ⇒ Functional play
- ⇒ Dramatic play
- ⇒ Games with rules

